

# Department for International Affairs

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## General Student Committee (AStA) Osnabrück University



Lu  
(they/them)

# Contents

# General Student Committee (AStA): Intro

Representation of student interests towards the Uni and the general public

Departments

- Specialized for different areas
- 1-3 people
- AStA website >> Über den AStA
- Most relevant for you:
  - Department for International Affairs (me)
  - s. following slides

Committee

- All people from the departments
- Plenary once a week
- Office hours (Mon-Thu, 10 - 14h)
- Offers:
  - Free law counselling
  - Bike repair shop
  - Freshie party
  - Fairytale festival
  - ...



AStA-website

# What For?

Making your studies and your  
life in Osnabrück easier

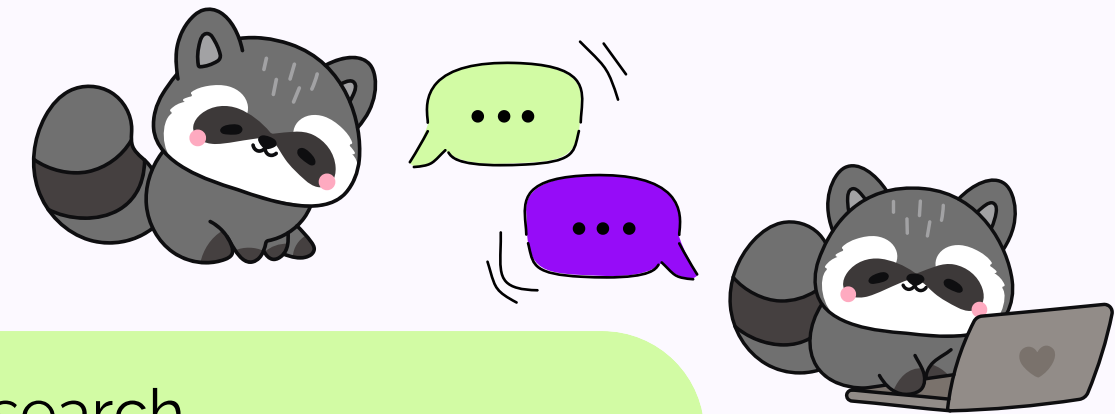


Concretely:



# In-Person Support

Information, support, advice, translations especially on:



- Orientation at the uni
- Student ID
- Public transport
- University organizations

- Apartment search
- Rental contracts
- Moving
- Internships and job searches
- Financing options
- ...

- Everyday study life
  - Courses
  - Exams
  - Term papers
  - Applications
  - ...

- Official matters
  - Administration
  - (Local) authorities (e.g. ABH)

... or forwarding to respective support points

# Contacting me

## Email

- [astaint@uos.de](mailto:astaint@uos.de)
- I check my mails very regularly
  - Usually takes 1-3 days to get a reply
- Check my website before writing me an email
  - s. following slide

## Office hours

- Once a week
- Somewhen between
  - Mon and Thu
  - 10.00 and 14.00h
- Will publish the exact hours on my website as soon as I know them



My website

# My Website

- Please have a look at the AStA-website as well as my website before writing me an email
- On my website, you can find:
  - A newsletter of potentially interesting things, specifically for international students
  - Further information on my department
  - A list of useful documents with information and tips on studying and living in Osnabrück



My website

**Note:**

As soon as I know my office hours for the summer term, I will publish them here as well



**Generally:**

Question

- Check AStA website
- Check my website
- No answer? / Unsure?



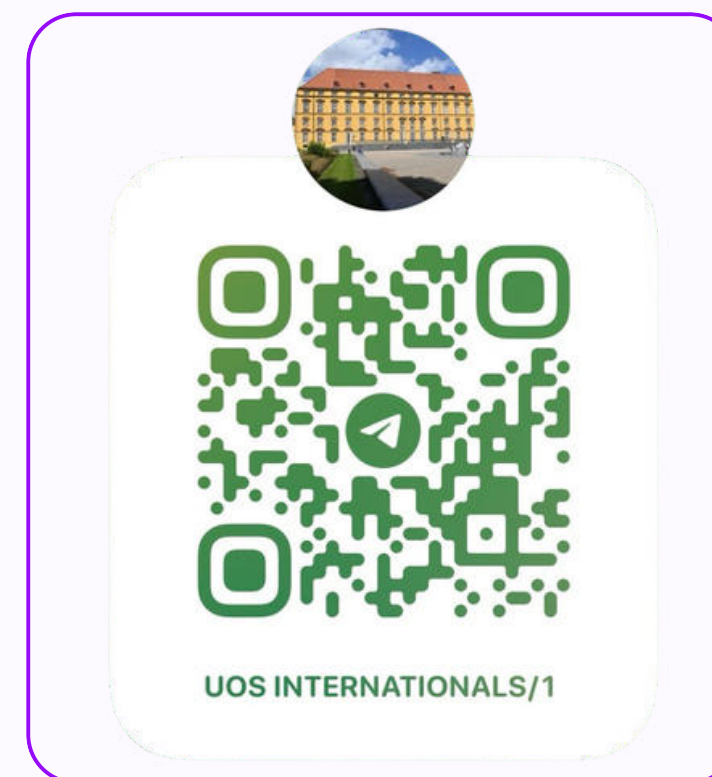
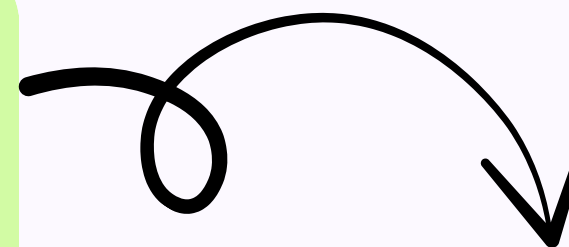
GET IN CONTACT WITH ME! :)

Mail: [astaint@uos.de](mailto:astaint@uos.de)

(please write to me from your university mail address!)

# Telegram Channel

- For international students to ...
    - Ask questions
    - Help each other out
    - Connect
  - Still very new, not many people yet
- Feel free to join already :)
- When you do, please have a look at ...
    - The subtopics
    - The pinned messages
    - The pad in the group description



# Generally:

- Problems, questions, doubts, wishes concerning your studies or life in Osnabrück (and no info on websites)?
- Ideas for an event?
- Want to connect yourself?  
Want to get politically active?

GET IN CONTACT WITH ME! :)

Mail: [astaint@uos.de](mailto:astaint@uos.de)

(please write to me from your university mail address!)

! If you are unsure who to contact, don't worry about shooting me an email! If I am not the right person for something I can still let you know

(and, if I know, tell you who to contact instead)

# Events



- Many interesting events from different (university) organizations
- Check out ...
  - International office website
  - Information on AStA-website (or my newsletter) and Instagram account
  - Mensa flyers

- You have a wish or an idea for an own event and want support?
- Get in contact with me



AStA-website



AStA Instagram

# General Student Committee

Office hours:  
Mon - Thu, 10 - 14h

Excerpt from the work of other departments

## Anti-fascism

- Contact form for people affected by right-wing violence
  - Counseling offer
  - Forwarding to professional counseling points possible

## Studies & Teaching

- Counselling regarding ...
  - Compulsory attendance
  - Examination matters
  - Lecturers
  - ...



**AStA website**  
**>> Über den AStA**

## Finances

- Micro loans for students experiencing unforeseen financial difficulties

## Social affairs

- Free first aid courses
- Counselling for students ...
  - in housing shortages
  - with dis\_abilities
  - experiencing conflicts or discrimination

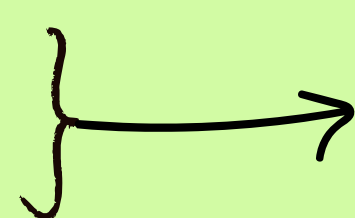
# Semester ticket

## Information

- Semester ticket = Deutschlandticket
- Valid for all busses and regional trains inside Germany (RB, RE, S-Bahn, U-Bahn, bus)
- **Not** valid for long-distance trains (IC, ICE) and other long-distance providers (e.g. Flixbus)
- Information on refund and reimbursement on the AStA website (>> Semesterticket)

## Use

- Can *always* be accessed through the website (**internet connection** needed!)
- Can be downloaded into wallet apps
- Or:
  - Campus card
  - Screenshot



**Note:**  
No guarantees



AStA-website

## Procedure:

- Enroll at Osnabrück University
- AStA-website >> Semesterticket
- Log in with StudIP login data
  - Available from April 1st on

# Lastly:

Welcome to Osnabrück,  
have a good semester start!  
I hope you can enjoy your time here :)





Questions?

# Links



In order of appearance:

- [AStA website](https://www.asta.uni-osnabrueck.de/)
- [AStA instagram account](https://www.instagram.com/asta_uos/?hl=en)
- [My website](https://www.asta.uni-osnabrueck.de/ueber-den-asta/referat-fuer-internationales)
- [Telegram channel for international students](https://t.me/+e4zoLHOwSpQxZmUy)
- [International Office](https://www.uni-osnabrueck.de/en/university/institutions-from-a-to-z/international-office)
- [AStA statement on right-wing violence](https://www.asta.uni-osnabrueck.de/news/2025-04/kontaktformular-rechte-gewalt-contact-form-right-wing-violence)
- [Contact form for people affected by right-wing violence](https://www.asta.uni-osnabrueck.de/contact-form-right-wing-violence)
- [Department for Finances](https://www.asta.uni-osnabrueck.de/ueber-den-asta/referat-fuer-finanzen)
- [Department for Social Affairs](https://www.asta.uni-osnabrueck.de/über-den-asta/referat-für-soziales)
- [Semester ticket website](https://www.asta.uni-osnabrueck.de/service/semesterticket)